

# SHEGO

Middle Eastern Restaurant



#### **BREAKFAST**

Menemen	<b>R</b> 55
Turkish one-pan eggs.	
Eggs, tomato, onion, green peppers and spices cooked to perfection. Served with fresh bread.	
SHEGO Breakfast A traditional Middle Eastern feast. Eggs to your liking, cheese selection, sausage, cucumber, tomato, olives, Muhammara, borek (feta cheese pastry), honey and jams, cream and fresh bread.	R <b>75</b>
Omelette A choice of fillings & served with toast.	R <b>40</b>
Mushroom	<b>R</b> 15
Spinach	r10
Cheddar Cheese	<b>R</b> 15
Royale Breakfast	<b>R</b> 65
2 eggs baked with spinach, feta & cheddar cheese. Served with toast.	
SHEGO Breakfast Sandwich Scrambled eggs, Muhammara and cheese.	<b>R60</b>



#### **M**EZZE

A selection of Middle Eastern dips and bites. Order a selection for your table to share.

6 mezze platter	r160
o mezze platter	
8 mezze platter	<b>R200</b>
14 mezze platter	<b>r360</b>
Hummus (v)	<b>R30</b>
Yoghurt Dip (v) With garlic, cucumber, mint and olive oil.	R30
Falafel Balls (v)	R <b>45</b>
Served with hummus.	
Muhammara Dip (v) A blend of tomato paste, garlic, chilli and coriander.	R <b>45</b>
<b>Vegetable Fritters (v)</b> Ask your waiter for the veg of the day. Served with a garlic yoghurt dip.	R <b>40</b>
Prawns	<b>R</b> 60
De-shelled prawns cooked in butter, tomato, garlic and lemon.	



## MEZZE

Lentil Kofte (v) Red lentil balls served with lettuce wraps.	R <b>5</b> 0
Borek (v) Phyllo pastry cigars filled with feta cheese & parsley.	R45
SHEGO Dolma (v) A selection of stuffed green peppers and vine leaves with spiced rice & currants. Served cold.	<b>R60</b>
SHEGO Kibbeh Mince lamb balls, coated in bulgur wheat and deep fried.	R <b>5</b> 5
Spicy Middle Eastern potatoes (v)	R40
Baba Ganoush (v) Dip made from mashed roasted eggplant, red pepper and garlic.	R <b>4</b> (
Vegetable & cream cheese roses	R <b>40</b>
Grilled Halloumi (v)	p6f



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#### MAINS

Imam Bayildi (v)	<b>R</b> 75
Whole roasted eggplant stuffed with tomato, onion & garlic. Served with rice.	
Manti	<b>R</b> 95
Minced Turkish beef ravioli served with a garlic & mint yoghurt sauce.	
Islim Kebab	<b>R</b> 90
Lamb meatballs wrapped in fried eggplant, served with rice.	
Pan-Fried Lamb	r105
Spicy lamb pieces cooked with tomato & green pepper. Served with rice.	
Middle Eastern Lamb Shank	r165
500g lamb shank served with mashed eggplant & rice.	
Stuffed Chicken Breasts	r100
Chicken breasts stuffed with white cheddar cheese and served with mushroom sauce & rice.	
Lahmacun	<b>r60</b>
Two Turkish flat breads with spicy mince. Served with onion, rocket and fresh lemon.	
Maqlube	r110
Lamb cooked with rice and layered with eggplant. Served with salad & yoghurt.	
Chicken Drumsticks	r105
Wrapped in pastry and baked to perfection. Served with salad and a dill & garlic yoghurt dip.	



#### **G**RILLS

#### Shish Kebab

Marinated, skewered and grilled meat.

Chicken	R9
Lamb	R11
Eggplant & Lamb Kebab Eggplant packed with minced lamb, skewered and grilled.	R9
Middle Eastern Lamb Chops 400g lamb chops marinated in middle eastern spices and grilled.	r12
Chicken Wings Chicken wings marinated in middle eastern spices and grilled.	R9
Extra	
SHEGO Speciality Bread	R <mark>2</mark>



#### SALADS

Warm dessert, served with ice-cream.

Pomegranate and pistachio salad  Miyod colod looyee mint dill carring onion nomegranate & nictochios Orange dressing	r <b>70</b>
Mixed salad leaves, mint, dill, spring onion, pomegranate & pistachios. Orange dressing.	
Goats cheese fattoush salad	<b>R</b> 70
Served with warm flat bread.	
Tabouleh	<b>R</b> 55
A middle eastern classic salad with crushed bulgur wheat and parsley.	
Tomato and walnut salad	<b>R60</b>
Tomato, cucumber, onion, green pepper and walnut. Olive oil, lemon and balsamic vinegar dresing.	
<b>DESSERT</b> Baklava	R45
Muhallebi	<b>R</b> 55
Vanilla custard layered with biscuit and seasonal fruit.	
Sweet pumpkin	<b>R60</b>
Sweet pumpkin served with fresh cream and walnuts.	
Semolina Halvah	<b>R</b> 65



## **HOT DRINKS**

Espresso Single	<b>R</b> 16	Middle Eastern coffee	<b>R</b> 25
Espresso Double	<b>R</b> 18	Hot chocolate	<b>R24</b>
Americano	<b>R</b> 18	Ceylon tea	r 15
Macchiato	<b>R</b> 20	Rooibos tea	r 15
Flat white	<b>R22</b>	Green tea	r 15
Café Latte	R24	Mint tea	r 15

#### **COLD DRINKS**

**Non-Alcoholic Cocktails** 

Soft drinks	R1
Limonata – Homemade lemonade	R2
Ayran, a salty yoghurt drink	R2
Still or sparkling water	
500 ml	R 1
750 ml	R2
Milkshake	R3
Strawberry	
/anilla	
Chocolate	
Juices	R2



**R30**