



L'AMBIANCE CAFE

RESTAURANT & COCKTAIL BAR

Menu

Dessert

- Mousse au chocolate** R45
(Brown Chocolate Mousse topped with white Chocolate Mousse)
- 3 Ice-Cream Scoops** R40
(Dressing with Strawberry Sauce or Chocolate Sauce)
- Spiced Baked Banana** R35
With Peanut Butter Sauce with Yogurt or Ice-Creams



Jus De Fruits

Freshly Squeezed Juice

Carrot, Apple, Pear, Pineapple, Orange, Ginger R35

Smoothies

- Banana Smoothies**, *Banana, Skim Milk, 1 Table spoon Wheat Germ, Low Fat Frozen Yogurt, Ground Cinnamon* R35
- Passion Fruit Explosion** R40
Pineapple, Apple, Pear, Granadilla Juice, Low Frozen Yogurt
- Hulk** R40
Peanut Butter, Chocolate Whey Protein, Skim Milk, Low Fat Frozen Yogurt
- Fruit Oat and Whey Smoothie** R40
Pineapple, Pear, Strawberries, Vanilla Whey Protein, Oats, Apple Juice, Low Fat Frozen Yogurt
- Froyo** R35
Low Fat Frozen Yogurt with Granadilla Juice or Apple Juice



La Vie Est Belle

118 Florida Road, Morningside | Tel: 031 825 1522
Durban, 4001 | Website: www.lambiancecafe.co.za