

# BURGERS

- Sandbar Classic Burger 90  
with cheese please 95
- SandBar Whopper - bacon and avocado,  
cheddar cheese and red onion marmalade 99
- SandBar Mushroom & Feta Burger - so yummy, my  
personal trainer said it builds character! 95
- DRAKENS BURGER - topped with a fiery chargrilled jalapenos,  
melted cheddar cheese and coriander pesto aioli. 100



SandBar  
restaurant cocktails



# MAIN SHOW

## FROM THE SEA

- Classic Fish & Chips - 2 pieces of flake coated in our crispy herb  
batter with tartar sauce 95
- Grilled Calamari Tubes - with a sauce of your choice - peri peri, garlic, lemon butter 110
- Grilled Calamari and Queen Prawns Combo - peri peri or lemon garlic butter 135
- Grilled Queen Prawns - plump and juicy with lemon, garlic, hint of chilli 175
- Red Snapper - whole fish with all bones removed, baked with lime, olive oil, sea salt and herbs 135
- Fresh Seared Tuna - 200g loin medallion rolled in sesame seeds served on a bed of wasabi mash  
& garlic green beans drizzled with a soya, sweet chilli & lime sauce - SUBLIME!! 145
- Pan Seared Norwegian Salmon served with a lemon & caper butter sauce 160
- Grilled Sword Fish Steaks served with a Spicy pineapple, mint, chilli & garlic salsa 135
- Sandbar Seafood Platter for Two - Whole Deboned Red Snapper, 6 queen prawns,  
calamari tubes and half shell mussels - peri peri or lemon & herb 275

## MEAT LOVERS

- 250g Fillet stuffed with roasted peppers or jalapenos & mozzarella cheese 165
- 200g Rib Eye Steak served with a brandy infused & wild mushroom cream sauce 125
- 250g Pepper Fillet - coated in freshly groaned black peppercorns served with a  
Dijon Mustard sauce & garlic green beans 165
- 600g T Bone Steak - best of both worlds sirloin & fillet 155
- Slow Cooked Lamb Shank - slow cooked for 5 hours. Served on potatoe puree with grilled  
baby onions and seasonal veg and gravy on the side 160
- 200g Pork Fillet Schnitzel - crumbed and pan fried topped with a Dijon mustard  
mushroom sauce 100

## POULTRY - All Free Range

- Whole Mozambican style chicken (min 1kg) peri peri or lemon & herb  
finger sucking good (allow 35 min) whole 125 half 90
- BBQ Chicken Kebabs - served on a bed of greens, fresh coriander, feta, butternut,  
cherry tomatos served with a garlic mint dressing 99
- Succulent Grilled Perky Chicken Breasts with Broccoli and a Honey Mustard cream sauce. 90

## CURRIES

- Durban style Prawn Curry - served with basmati rice and sambals n all 135
- Durban style Curry - Chicken & Prawn served with basmati rice and sambals 125
- Green Thai Curry - with coriander jasmine rice Veg 90 Chicken 95 Prawn 115
- Butter Bean & Cauliflower Curry - green capsicum & carrot served with rice and sambals 90 V

## PASTAS (penne or spaghetti)

- Basil Pesto - with chicken and parmesan shavings 90 (No chicken) 80
- Bolognese - beef mince, mushrooms, red peppers, garlic, tomato puree, Mom's recipe 95
- Wild Mushroom - with courgettes, red peppers in a light, creamy garlic and chilli sauce 90
- SandBar - with grilled chicken, mushrooms and brocolli in a light creamy sauce 95

## HOUSE SPECIALTY

Loving Hams Delicious Pork RIBS  
Go On, You know you want toll!  
Basted, Char Grilled, Succulent and Sticky

400g: 135

600g: 165

1000g: 220

Ribs are served with  
bottomless crispy Fries



## SAUCES 25

- Pepper Sauce,
- Mushroom Sauce,
- Dijon Mushroom Sauce,
- Creamy Garlic Sauce