



Redlands Hotel

STARTERS

Soup of The Day: 70

Smoked Salmon with Prawns: 160

Smoked Salmon on a bed creamy horseradish, crispy lettuce and tender prawns drizzled with a lemon and pepper dressing

Peri-Peri Chicken Livers: 80

Pan Fried to perfection and served with Slices of Toasted French Loaf

Mussels in Lemon with Garlic Butter: 100

With Slices of Toasted Ciabatta Loaf

Baked Brown Mushroom: 100

Filled with Spinach, Ricotta, and Parmesan Cheese

Avocado Ritz: 130

Juicy prawns in a creamy mayonnaise sauce with fresh avocado

Focaccia Bread: 60



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MEAT

Beef Fillet -250g: 280

Nestled on Horseradish Potato Mash, Red Wine Tomatoes, Baby Vegetables, and a Jus

Rump Steak -300g: 220

Served with Redlands Garden Salad, French Fries and a choice of Pepper, Mushroom or Cheese Sauce

T-Bone Steak -400g: 240

Accompanied with French Fries, Redlands Garden Salad, and a choice of Pepper, Mushroom and Cheese Sauce

Traditional Oxtail:250

Served with Parsnip and Potato Mash and Seasonal Vegetables

Lamb Rogan Josh Curry: 230

Served with a Fluffy Savoury Rice, Cucumber onion Salsa and a Poppadum

Lamb Cutlets: 280

Drizzled with Mint Jus, set on Wild Mushroom and Potato Rosti

Lamb Shank: 260

Slow cooked with Aromatic Spices, Mashed Potatoes and Vegetables



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PASTA

Chicken Pasta: 150

Penne Pasta with a Mornay Sauce,
Succulent Chicken strips and Sauteed
Mushrooms

Seafood Pasta: 260

Calamari, Prawn Meat, Mussels, and Line Fish served
with a Tomato and Basil Tomato Sauce or Creamy White Sauce

POULTRY

Peri-Peri Chicken: 170

Portuguese Style Chicken with
French Fries and a Salad

Chicken Breast: 160

Stuffed with Spinach and Feta, served
with a Baked Potato and Garden Salad

Chicken and Prawn Curry: 200

Served with Savoury Rice, Sambals and Poppadum's

Grilled Peri Peri/BBQ Wings: 135

Served with Crispy Fries



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SEAFOOD

Lemon and Dill Line Fish: 220

Set on Risotto Rice finished with a Caper Sauce and a Tomato and Coriander Salsa

Grilled Kingklip: 260

On Sweet Potato Puree and Vegetables topped with Lemon Beurre Blanc

Prawns: 280

Lightly Sauteed in Butter, served with a Garlic Butter or Mozambican Hot Sauce, accompanied by fluffy Savoury Rice

Grilled or Deep-Fried Calamari: 170

Cajun or Lemon and Herb, Savoury Rice, Chips or Side Salad

Seafood Platter: 350

3 grilled tiger prawns, 125g crumbed calamari, grilled mussels, battered hake and savoury rice



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ALL DAY OMELETTE :130

Served with Cheese, Bacon, Mushrooms, Peppers and Tomato

SEAFOOD SNACK BASKET:220

60g Crumbed Hake Nuggets, 60g Crumbed Lemon and Herb Calamari, 6 Crumbed Prawns and 4 Crumbed Mussels served with a Tartar Sauce and French Fries

NACHOS: 130

Tortilla chips layered with salsa and melted cheddar cheese, cream cheese and guacamole
-spicy or plain

PIZZA SELECTION: 130

Chicken & Mushroom

Mexicana

Hawaiian

Margarita

Battered Hake and Chips: 140

Chicken Strips and Chips: 135

Chicken Strips, Calamari and Chips: 200

Savoury -Snack Basket: 200

4 Spicy Chicken Drumettes, 4 Chicken Pies,
4 Mince Samoosas, 4 Beef Skewers and French Fries



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VEGETARIAN

Porcini and Spinach Risotto: 150

Topped with Chives and Parmesan

Leek and Mushroom Tagliatelle: 140

In a creamy white sauce and rocket salad

Thai Vegetable Curry: 130

Served with Sambals

Roasted Vegetable Lasagne: 130

Seasonal vegetables layered with a
Bechamel sauce, topped with assorted
cheeses

SAUCES & SIDES

Pepper, Mushroom or Garlic Sauce: 40

Cream Spinach: 50

Butternut Wedges: 50

Vegetable Bake: 60

SALADS

Steamed Greens & Blue Cheese: 80

Greek Salad: 80

Garden Salad: 70

ADDED EXTRAS

Smoked Salmon: 80

Smoked Chicken: 50

Calamari: 70

Caesar Topping: 50

Avocado: 40



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LIGHT MEALS

SERVED WITH A CHOICE OF FRENCH FRIES OR SIDE SALAD

- Basted Beef Mushroom and Cheese Burger: 140
- Grilled BBQ Chicken Pine and Cheese Burger: 130
- Bacon and Egg Burger: 175
- Cheese and Tomato Toasted Sandwich: 100
- Ham, Cheese and Tomato Toasted Sandwich: 115
- Chicken and Mayonnaise Toasted Sandwich: 110
- Bacon and Egg Toasted Sandwich: 115
- Lamb Curry Sandwich: 150
- Chicken and Pineapple Wrap: 125
- Smoked Salmon and Cream Cheese Wrap: 160

DESSERTS

SERVED WITH A CHOICE OF VANILLA ICE CREAM OR WHIPPED CREAM

- Classic Cheese Cake: 70
- Lemon Meringue Pie Traditional: 70
- Malva Pudding: 80
- Chocolate Brownies: 70
- Apple Pie Traditional: 70
- Trio of Homemade Ice Cream: 80

- Classic Cheese Board: 170
- Accompanied by Crisp Crackers and Preserves

IMPORTANT NOTICE

Mandatory 10% service fee will be added to bill for 10 pax or more Please note that while every effort is made to use fresh ingredients in the preparation of the food and beverages served on these premises, food and beverages including dairy products, ice cream, frozen desserts, proprietary sauces, juices, preserves, jams and preserved meats served, may contain permitted artificial colourants, flavourants and preservatives. In addition, certain foodstuffs have been packaged and prepared on premises in which nuts may be present