



SandBar

restaurant  cocktails



Umdloti Beach Just Got COOLER!

Locals Get It Right

The SandBar is the brain child of 4 locals that have lived in Umdloti for many years. After a few cocktails on the beach, one sunny December day, we envisaged a restaurant & bar that reflected a cool, vibrant and fun place for locals and holiday makers to meet and enjoy good honest food, combined with great wines and colourful cocktails. Our philosophy is a simple one: Good food, friendly service, served in a relaxed environment. Combine all these factors with one of KZN's best restaurant locations, then we have one of Durban's best kept secrets (not for long though!) We welcome all that come dine with us, to sit back relax and soak up the sea views, good music, great food and wicked cocktails. Enjoy!!



WEATHER

REGIONAL FORECAST
UMDLOTI
30°C

WE PREDICT A SUNNY AND WARM ATMOSPHERE EVERY SINGLE DAY. BRING YOUR SHADES IF YOU DRANK TOO MUCH LAST NIGHT.

Who needs Love?



Let's fall in Chocolate

Sun Mon Tues Wed Thur Fri Sat



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Bar & Table Tapas

Romesco Olives, marinated in virgin oil, zest and paprika	35	
Skewer of Prawns, lemon, sweet chilli aioli	55	
Flame-grilled peri peri chicken wings	45	
Chicken Livers, Vodka peri peri	40	
Rib Teaser, a taste of the bestbasted, grilled and sliced	55	
Grilled Halloumi, mushroom stack, sour cream and chives	45	V
Nachos, grilled with pizza sauce, pickled jalapenos and cheddar, guacamole, sour cream	60	V

Seductive Salads

Beach Salad, lettuce blend, bacon, chicken, avocado, feta, cherry toms	69	
Caprese, fresh roma tomato, mozzarella, basil pesto, olive oil	50	V
Cypriot, lettuce blend, tomato, cucumber, halloumi, feta, marinated olives	55	V

All served with fresh baked ciabatta bread

Fabulous Fillers

Club Sandwich, bacon, roast chicken, fried egg, tomato, cheddar, BBQ mayo	69	
Steak Sandwich, prime steak strips, onions, teriyaki sauce, tomato, gherkins, rocket	85	
Caprese Sandwich, mozzarella, Peppadew pesto, fresh basil leaves, juicy tomatoes, rocket	55	V

All served with our crispy fries on freshly baked ciabatta bread

Homemade Burgers

200 g freshly ground A grade rump steak

Classic Sandbar Burger	65	
Classic with mature cheddar, tomato relish, island style mayo	75	
Classic with bacon, avo, brie and red onion marmalade	85	

All with thick cut tomato, shredded lettuce and onion strings on a toasted sesame bun and fries

"Am I tough? Am I strong? Am I hard-core?
Absolutely. Did I whimper with pathetic delight
when I sank my teeth into my hot fried-chicken
sandwich? You betcha."
~ James Patterson

Mind-Altering Mains

Grilled Queen Prawns with lemon, garlic, hint of chilli	125	
Whole Red Snapper, a boneless local catch, baked in lemon, olive oil, sea salt and herbs	105	
Roast Chicken with lemon and pepper or sweet chilli baste	80	

All served with a choice of our crispy fries or Greek salad

Loving Hams Free Range Pork RIBS - House Specialty

We believe that our Ribs are the best thing since 'Sex on the Beach'.....
Go On, you know you want to!! Basted, Char Grilled & Succulent and Sticky
400 grams 95
800 grams 165
Ribs are served with Bottomless crispy Fries

Chef Signatures - Daily

Please ask your waitron about our daily specials 50
All specials are based on fresh local ingredients that are ready, ripe and need to be explored

Dessert

Sand Bar Waffle, freshly pressed vanilla batter waffle with biscuit ice cream	40
Lazy Sundae, vanilla bean ice cream, strawberries, crumbled brownie, caramel	45
Vanilla bean ice cream and molten chocolate sauce	35

Dessert Table

please indulge yourself on our sweet table POR

Davina's Divine Wine!!

White Wines

OFF DRY

Ken Forrester Petit Chenin (House Wine)	R110 - R25 per glass
Ken Forrester Chenin Blanc Reserve	R140
Theuniskraal Riesling	R110
Steenberg Semillon	R330
Zandvliet - My best friend	R120

DRY

Klawer Cellars Sauvignon Blanc (House Wine)	R95 - R25 per glass
Haute Cabriere Pinot Noir / Chardonnay	R145
Hamilton Russell Chardonnay	R420
Mulderbosch Chardonnay	R180
La Motte Sauvignon Blanc	R125
Diemersdal Sauvignon Blanc	R135
Drostyhof Extra Light	R75
The Beach House	R85

RED WINES

Klawer Cellars (House Wine)	R95	- R25 per glass
Beyerskloof Pinotage	R145	
Diemersfontein Pinotage	R190	
Hartenberg Merlot	R210	
Chocolate Block	R320	
Plaisir De Merle Merlot	R390	
Leopards Leap Shiraz	R140	
Zandvliet Shiraz	R240	
Hartenberg Cab/Shiraz	R120	
Glén Carlo Cabernet Sauvignon	R185	
Kanonkop Cabernet Sauvignon	R590	



Champers

Pongraaz Cap Classique	R170	served per glass
Sinuousig K Vonkel Brut Rose	R210	
Arnhem Beck Brut	R180	
Uvaue Claiquet Yellow Label	R750	

R40 Per Glass

EVERY DAY MAY NOT BE GOOD. BUT THERE IS SOMETHING GOOD IN EVERY DAY.

Tidal Pool R45
2 shots Malibu, 1 shot Cream
1 Shot Coconut Cream
0.5 shot Blue Curacao
100ml Pineapple Juice

SandBar Iced Tea R59
0.5 Shot Vodka, 0.5 Shot Gin
0.5 Shot Bacardi, 0.5 Shot Tequila
0.5 Shot Triple Sec
2 Shots Sweet & Sour Mix
Topped up with Coke

Mojito R45
2 shots Bacardi, 1 Shot Fresh lime juice
1 shot Sugar Syrup, Mint Leaves

Frozen Strawberry Margarita R55
2 shots Gold Tequila, 1 shot Strawberry Liqueur
2 shots shots Lemon Juice, Ice & blended till smooth

White Russian R45
1.5 shots Vodka
1 Shot Kahlua
2 Shots Cream
Crushed Ice

Kir Royale R50
Champagne
Crème de cassis

Blueberry Caprihina R45
Crushed frozen blueberries
Lime wedges
mint
3 shots lime juice
2 shots rum
sugar syrup
over crushed ice

Bloodiest Mary R45
2.5 shots Vodka
1 Shot Lemon Juice
Tabasco
Worcester Sauce
Celery Salt & Pepper
Tomato Juice



Espresso Martini R45
1 shot of dark roast espresso
1 shot of amaretto
1 shot of kahlua
0.5 shot sugar syrup

Sex on The Beach R40
1 shot Vodka
1 shot Peach Schnapps
Fresh orange Juice

Tequila Sunrise R45
2 shots Gold Tequila
0.5 Shot Greenadine
Fresh Orange Juice

Frozen Margarita R55
1.5 shots Gold Tequila
1 Shot Cointreau
2 shots shots Lemon Juice
Ice & blended till smooth

Sour apple martini R40
1 shot vodka
2 apple sours
1 shot triple sec
shaken with ice

Pina Colada R45
2 shots Bacardi
2 Shots Coconut Cream
1 shot Coconut Milk
100ml Pineapple Juice
Chunks of fresh pineapple
Blended with Ice

Lychee Daquiri R45
frozen lychee in syrup
2 shots of rum
Ice
blended till smooth

Pink Gin R40
2 shots gin
1 shot lemon juice
tonic water
bitters



Cocktails

Bucks Fizz R35
Champagne
Orange Juice

Blackcurrent Monte R45
2 shots white rum
1 shot blackcurrent cordial
Lime
mint
sugar syrup

007 Dry Martini R45
2 shots Gin
0.5 Dry Vermouth
Olive &
Lemon peel oil

We drink pink drinks



Naughty Beverages

BEERS

- Heineken R20
- Castle Light R19
- Black Label R19
- Windhoek R20
- Millers R19
- Amstel R19
- Hansa R19
- Guinness 450ml R30
- GROLSH 450ml R45
- Brewers & Union:
- Steph Weis R40
- Berne R40
- Beast of the Deep R40

CIDERS

- Savanna Dry R20
- Savanna Lite R20
- Foundry R25

Non-So-Naughty Beverages

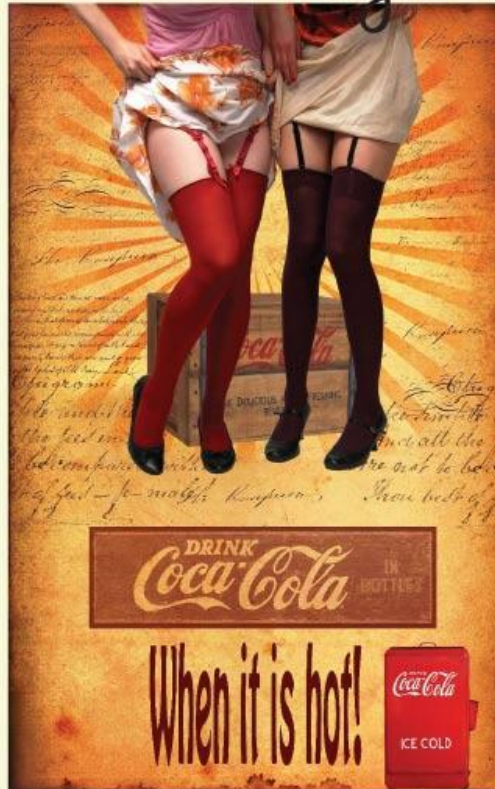
- Sodas R15

- Still Mineral Water R16
- Sparkling Mineral Water R17

Large Shakes R25

- Filter Coffee R18*
- Cappuccino R21*
- Cafe Latte R23
- Five Roses/Rooibos R12
- *Decaf R2 extra

Kinda Thirsty?



Cucumber and Cheese Mini Rolls R35 v

Sticky Ribs and Chips R49

Real Fish and Chips with peas R39



Grilled Chicken and Chips R39

Toastie cheese and tomato R35 v

Toastie chicken mayo R39

Toastie ham and cheese (served on ciabatta) R39

Frothy Milkshakes

Vanilla, Chocolate, Strawberry, Lime R18

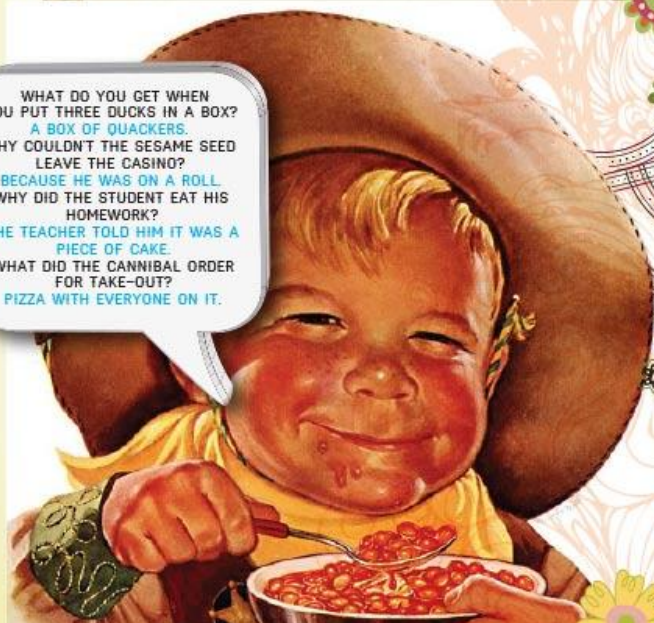
Sodas R15

Fruit Juice R15

Hot Chocolate R18

LIFE'S SHORT
eat dessert first

WHAT DO YOU GET WHEN YOU PUT THREE DUCKS IN A BOX?
A BOX OF QUACKERS.
WHY COULDN'T THE SESAME SEED LEAVE THE CASINO?
BECAUSE HE WAS ON A ROLL.
WHY DID THE STUDENT EAT HIS HOMEWORK?
THE TEACHER TOLD HIM IT WAS A PIECE OF CAKE.
WHAT DID THE CANNIBAL ORDER FOR TAKE-OUT?
PIZZA WITH EVERYONE ON IT.



either you
LIKE BACON
or you're
WRONG

