

# LM in the East

## A la Carte Menu

### Starters

#### **Trio of Homemade**

Tomato Royale: the ultimate classic	R45.00
Seafood: with Calamari, Mussels, Linefish etc	R55.00
Vegetable & Mutton Broth: with barley	R55.00

#### **Peruvian Scallops (Starter Portion)**

6 Half shelled scallops, pan-fried in garlic butter, basil & white wine sauce	R99.00
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#### **Braised Haricot Oxtail**

Prepared the LM way & offered with creamy mash	R129.00
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#### **Sirloin Supreme**

Aged Sirloin grilled to taste topped with a mustard/brandy sauce & LM Prawns.	R155.00
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#### **Lamb Shank**

Slow roasted in our pizza oven, in a tasty Napolitano sauce & served with creamy mash.	R145.00
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#### **Filletto Al Tegamino - Try This One!**

Prime fillet, sizzling in a garlic, wine & herb sauce.	R155.00
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#### **L.M. Seafood Platter**

A combination of Mussels, Calamari, LM Prawns, Linefish etc	R175.00
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#### **L.M. Steak**

Pan-fried fillet with mushrooms, herbs, garlic & topped with an egg	R145.00
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#### **Fillet Rossini**

Grilled fillet served in creamy chicken livers & red wine	R155.00
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#### **Blue Cheese Fillet**

Tasty 250g fillet, smothered in Roquefort sauce - Delicious!	R159.00
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#### **Best of the Best - Try this one!**

9 Queen prawns oven baked in a peri-peri, garlic & white wine sauce	R175.00
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#### **Snails (Al Forno)**

6 Snails, oven baked in fresh cream, garlic, parsley and cheese	R59.00
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#### **Avocado Ritz**

Avocado filled with prawns in our creamy seafood dressing	R69.00
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#### **L.M. Mussels**

New Zealand mussels smothered in a creamy garlic cheese sauce	R69.00
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#### **Falkland Calamari**

Deep-fried or grilled calamari tubes in lemon butter or peri-peri	R65.00
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#### **Zorbas Calamari**

Greek style calamari smothered in lemon butter, garlic, olives and herbs	R69.00
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#### **Homemade Fillet of Beef Carpaccio**

Finely sliced, sprinkled with parmesan shavings and drizzled in olive oil	R84.00
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#### **Smoked Salmon**

Norwegian smoked salmon served with avocado salad, onions and capers	R89.00
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#### **Luderitz Oysters - Unbeatable!**

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6 Fresh from the ocean, served with lemon and tabasco

**Springbok Carpaccio**

R79.00

Served with mozzarella, olive oil, capers and spring onions

**Peruvian Scallops**

R99.00

6 Half shelled scallops, pan-fried in garlic butter, basil & white wine sauce

**Halloumi**

R69.00

Deep-fried and served with a sweet chilli sauce

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*Salads*

**Greek Salad**

For Two

R49.00

Table

R69.00

**Chicken Salad**

For Two

R55.00

Table

R70.00

**Biltong and Avo Salad**

For Two

R59.00

Table

R89.00

**Blue Cheese Salad**

For Two

R65.00

Table

R94.00

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*Pasta*

**Ravioli alla Parmigiana (V)**

R85.00

Cheese and spinach pasta served in a creamy tomato sauce

**Fettuccine Alfredo**

R89.00

Pasta with a creamy ham and mushroom sauce

**Spaghetti Bolognese**

R89.00

The original recipe!

**Lasagne**

R89.00

Traditional lasagne baked to perfection in the pizza oven

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*Meat Dishes*

**Fillet Steak**

R155.00

The original flame grilled favourite

**Rump Steak (300g)**

R125.00

Lazy aged, melts in the mouth, delicious

**T-Bone Steak (500g)**

R125.00

Big and juicy, grilled to perfection

**Trinchado**

R145.00

Cubes of fillet in our special herb and red wine sauce

**Lamb Curry**

R115.00

Succulent lamb knuckle in an Indian curry sauce

**Braised Haricot Oxtail**

R129.00

Prepared the L.M. way and offered with creamy mash

<b>Karoo Lamb Chops</b> 3 Chops grilled to taste.	R125.00
<b>Pork Chops</b> 2 Char-grilled crispy, served with mash	R115.00

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### Chicken

<b>Baby Chicken</b> Unbeatable! - Flame grilled in lemon butter or peri-peri	R95.00
<b>Chicken Schnitzel</b> Served with either cheese or mushroom sauce	R94.00
<b>Sweet Chilli Chicken Strips</b> Served with chips, rice or creamy mash	R94.00

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### Seafood Specialities

<b>Fresh Linefish</b> Ask us about our catch of the day!	R129.00
<b>Fillet of Kingklip</b> Grilled in lemon butter sauce	R135.00
<b>Grilled Sole</b> Traditional winner every time	R139.00
<b>Norwegian Pink Salmon</b> Grill and served with Hollandaise sauce	R159.00
<b>Grilled or Deep-Fried Calamari Tubes</b> Soft and tender tubes to melt in your mouth	R95.00
<b>Grilled or Deep-Fried Hake</b> Grilled or fried to perfection and served with homemade tartar sauce	R92.00
<b>Seafood Pasta L.M.</b> Fettuccine, prawns, mussels and calamari in a creamy seafood sauce	R129.00
<b>Pepper Kingklip</b> Grilled perfection in a mouth-watering creamy pepper-brandly sauce	R139.00
<b>L.M. Kingklip</b> Pan-fried kingklip covered with creamy mushroom and L.M. prawns	R155.00
<b>Zobra's Calamari</b> Greek style calamari prepared in lemon butter, garlic, olives and herbs	R99.00
<b>Sole Bonne Femme</b> Grilled West Coast topped with ham, mushrooms and prawns in a creamy cheese sauce, baked in our pizza oven	R169.00

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### Prawns

<b>12 Medium Prawns</b> Unbeatable value!	R115.00
<b>9 Queen Prawns</b> 9 Queen prawns at their best, prepared with all the trimmings	R169.00

## 6 King Prawns

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For the Connoisseur!

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### Combos

<b>Hake and Prawns</b> Our popular fish combo	R115.00
<b>Rump and Prawns</b> The best of both surf and turf	R142.00
<b>Chicken and Prawns</b> Flame grilled baby chicken with a seafood touch!	R139.00
<b>Hake, Calamari and Prawns</b> A favourite!!	R139.00
<b>Kingklip, Calamari and Prawns</b> The best the ocean can offer, a platter to delight the taste buds	R149.00
<b>Baby Sole and Prawns</b> A good balance for the indecisive	R129.00
<b>Calamari and Prawns</b> Tender calamari with L.M.'s best	R119.00
<b>Prawns Thermidor</b> Shelled prawns baked in thermidor sauce with tangy cheese and mushrooms	R169.00
<b>Prawn Curry</b> Prawns out of the shell baked in our secret curry sauce - A winner!	R145.00
<b>Whisky Prawns</b> A tangy whisky flavoured, white wine sauce with parmesan & basil	R155.00

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### Pizza

<b>Margherita</b> Tomato, mozzarella cheese, oregano, salt and pepper	R55.00
<b>Regina</b> Tomato, cheese, ham and mushrooms	R75.00
<b>Siciliana</b> Tomato, cheese, anchovies, olives, garlic and capers	R85.00
<b>Hawaiian</b> Tomato, cheese, ham, pineapple and onions	R75.00
<b>Quattro Stagioni</b> Tomato, cheese, ham, mushrooms and olives	R79.00
<b>Toscana</b> Tomato, cheese, ham, salami and chilli	R85.00
<b>Portuguese</b> Tomato, cheese, spicy chouriço, avocado and chilli	R85.00
<b>Mexicana</b> Mince, green pepper, onion and chilli	R95.00
<b>Capriciosa</b> Tomato, cheese, ham, mushrooms, onion, green pepper, olives and artichokes	R95.00

<b>Vegetarian</b>	R69.00
Tomato, cheese, green pepper, onions, mushrooms and peppadews	
<b>L.M. Special</b>	R89.00
Tomato, cheese, chicken, feta cheese and green peppers	
<b>Chicken Tikka</b>	R89.00
Tomato, cheese, barbecue chicken, jalapeño pepper and onions	
<b>Tricolore</b>	R89.00
Tomato, cheese, bacon, feta, avo and peppadews	
<b>Seafood</b>	R99.00
Tomato, cheese, prawns, calamari, mussels and garlic	

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### Desserts

Traditional favourites from LM

<b>Ice Cream and Chocolate Sauce</b>	R30.00
<b>Crème Caramel</b>	R30.00
<b>Italian Kisses</b>	R40.00
<b>Tartufo</b>	R40.00
<b>Waldorf Gateau</b>	R40.00
An ice cream chocolate and nut cake	
<b>Apple Pie with Cream or Ice Cream</b>	R40.00
<b>Chocolate Mousse</b>	R40.00
Freshly homemade - Delicious!	

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### Coffee

<b>Filter Coffee</b>	R15.00
<b>Decaf Coffee</b>	R15.00
<b>Cappuccino</b>	R20.00
<b>Moccachino</b>	R20.00
<b>Caffé Latte</b>	R20.00
<b>Espresso</b>	
Single	R18.00
Double	R20.00
<b>Irish Coffee</b>	R33.00
<b>Kahlua Coffee</b>	R33.00
<b>Don Pedro</b>	R33.00

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*Menu last updated: 2014-12-11*

Menus are deemed correct at time of publication but may vary over time.  
It is the responsibility of the restaurant to maintain the menu and ensure prices are up to date.

